

# Rhinitis

CHI Formulary Treatment algorithm

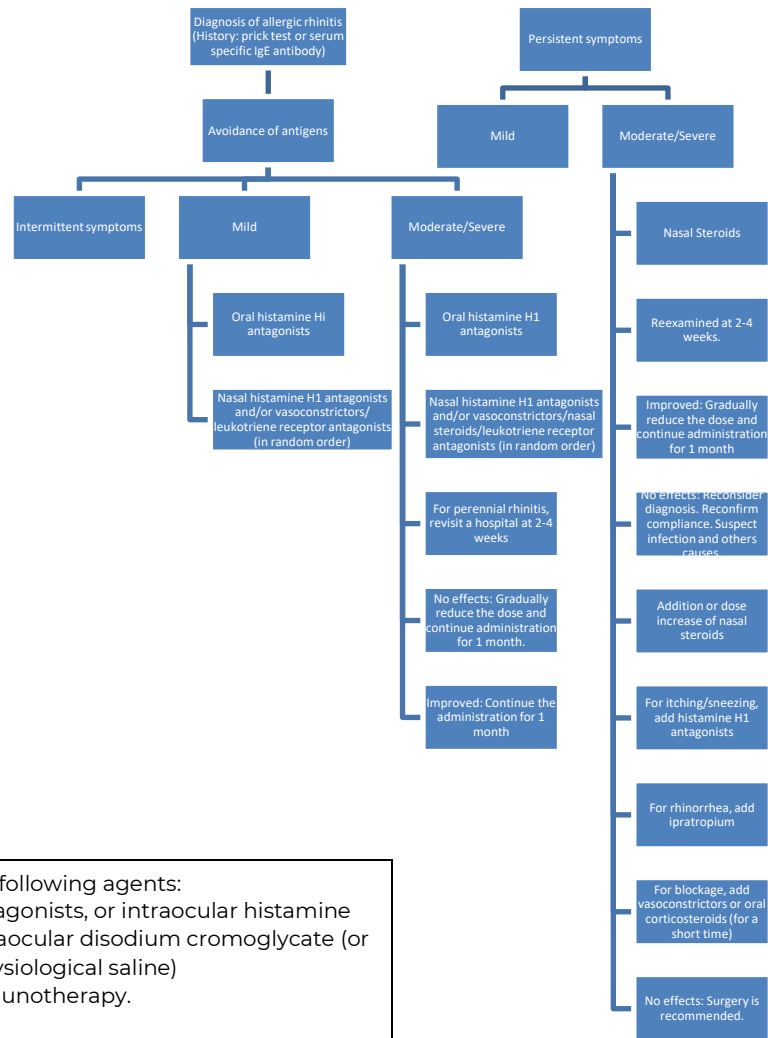
Treatment algorithm- January  
2024

Supporting treatment algorithms  
for the clinical management of  
Rhinitis

Figure 1 outlines the **Step-by-step approach for treatment of Allergic Rhinitis** aimed at addressing the different lines of treatment after thorough review of medical and economic evidence by CHI committees.

For further evidence, please refer to CHI **Rhinitis** full report. You can stay updated on the upcoming changes to our formulary by visiting our website at <https://chi.gov.sa/AboutCCHI/CCHIprograms/Pages/IDF.aspx>

Our treatment algorithm offers a robust framework for enhancing patient care and optimizing treatment outcomes across a range of treatment options, holding great promise for improving healthcare delivery.



For conjunctivitis, add the following agents:

- Oral histamine H1 antagonists, or intraocular histamine H1 antagonists, or intraocular cromoglycate (or eye irrigation with physiological saline)
- Consider specific immunotherapy.

Figure 1. Step by step approach for treatment of Allergic Rhinitis

- Japanese guidelines for allergic rhinitis 2020. Allergology International. For the level of evidence and details on the figures in the algorithm, please refer to the full report.